



**Important Prescription and  
Over-the-Counter (OTC)  
DRUG REMINDERS:**

- Be aware that some of your medicines won't mix well with other medications, including OTC drugs, herbal remedies and alcohol.
- Read all labels carefully and follow the directions exactly.
- Look for pictures or statements on your pill bottles that tell you if you need to take the medicine with food; shouldn't drink alcohol; or gives other important instructions.
- Remind your doctor and pharmacist about any previous conditions that might affect your ability to take a certain medicine.
- Don't be afraid to ask questions if you do not understand something about your prescription or want more information.
- Keep your medicines out of sight when stored at home and do not share information about your medications with those who you do not trust.
- Dispose of all medications properly. A drop site is located at the Boone County Jail and Zionsville and Whitestown Police Departments for safe disposal.

***Boone County Senior Services, Inc.***  
***(765)482-5220 or (317)873-8939***  
***[www.booneseniors.org](http://www.booneseniors.org)***